



# PERFORMANCE BOOSTER

## THE PERFORMANCE BOOSTER PROGRAM

Companies are always looking for a new way to inspire and motivate their staff, increase productivity and staff satisfaction. The Performance Booster Program is based on the principles that people need to be given the tools to inspire and motivate themselves, to affect and change their own behaviour and to make emotionally intelligent decisions about their own lives. If our employees can take responsibility for their own happiness and well being, companies will thrive.

### EXPECTED OUTCOMES

#### FOR THE INDIVIDUAL ATTENDEE

- A good understanding of self motivation
- General improvement of well being
- Improved emotional intelligence
- Better time management
- Increased self confidence
- Increased self knowledge
- Clearly defined goals
- Improved attitudes
- Renewed focus

#### FOR THE TEAM/DEPARTMENT OR COMPANY

- Greater team cohesion
- Less drama or emotional outbursts
- Boosted income / turnover / sales / production
- Improved communication
- More positive inputs from team members
- Better atmosphere at work
- Identify people who do not wish to be team players
- Increased team performance

The only requirement for the program is literacy. All levels and departments will benefit. We recommend that companies apply a top down approach: Management, sales, administration and production teams will all benefit. Groups can be a combination of various departments or grouped per department.

### WHO SHOULD ATTEND?

### HOW IT WORKS

Performance Booster is ideally run as a 2.5 day intervention, over a 6-9 week period (2 x full training days plus one half day, with 2-3 weeks in between trainings). It can also be run as 2-2.5 consecutive days. Prior to attending the Performance Booster Behavioural profile must be completed and submitted.

Follow up interventions will be rolled out as The Performance Booster Board Game, a fun and effective learning tool. Delegates will also have the option to subscribe to monthly Performance Booster Newsletters to keep them motivated.

Monthly, generic courses are run in Nelspruit and quarterly in Johannesburg for individuals or small teams. See [www.performancebooster.co.za](http://www.performancebooster.co.za) for calendar. Alternately Performance Booster is run at the convenience of the client's chosen time and venue.

Performance Booster Corporate Licenses are available and ideally suited for large companies who wish to use the program throughout the organization. Due to the well structured, holistic approach Performance Booster can be run as an intervention for induction, for motivation or for retrenchment of employees.

Performance Booster Educational License is also available for schools and CSI initiatives.

### WHEN AND WHERE IS IT HELD

For further information:

[www.performancebooster.co.za](http://www.performancebooster.co.za) [info@performancebooster.co.za](mailto:info@performancebooster.co.za) Manus du Toit: 084-630-1874